

Fly of the Month

Isonychia Nymph

by Frank Murabito

Recipe

- Hook: Tiemco 2302, #8.
Thread: Rusty brown, 8/0.
Tail: Two brown ostrich herl tips.
Abdomen: Rusty brown dubbing plus ostrich herl tied in at the tail and wrapped forward. Tie off just behind thorax.
Thorax: Rusty brown dubbing tied in a ball ahead of abdomen
Legs: Pheasant tail fibers tied in at the back of the thorax.
Back: White nylon "string" tied in at tail and brought forward over abdomen and thorax. Wrap the tying thread over the string at the thorax and then bring it forward to the head.
Head: Rusty brown thread.



The string, which is not standard fly tying material available in most shops, should be thicker than thread. Nylon seems to hold up best. Perhaps rod-wrapping thread would be a good substitute. Tie it in at the front of the tails and cement before dubbing the abdomen. Apply cement thoroughly at the tail, the junction of the thorax and abdomen and of course at the head to make a long-lasting fly.

Isonychia Nymphs swim to shore or to shallows where they emerge after climbing out on rocks. Thus the duns are not available to trout. The nymphs are strong swimmers facilitated by their gills and tails and can even swim upstream in strong currents. Swinging a nymph like the one above can be effective in simulating their swimming behavior.