Fly of the Month

by Greg Chester

Bigg's Sheep Creek Nymph

Recipe

Hook: #10 standard nymph hook

Thread: olive 6/0 Unithread

Hackle: Brown

Weight: None or varying sizes and

quantity of lead wire

Abdomen: Olive chenille, medium

Overwing: Mallard flank feather, grey,

6-8 fibers

Head Tying thread

I always look forward to the challenge required to create detailed, fussy patterns with unique materials and techniques. However, it's also enjoyable to just whip out some simple bugs to pass the time, fill your flybox, and leave the intricacies to another day. It's most gratifying when these simple bugs fish well, and nothing accomplishes that reality more than the Sheep Creek Nymph. This pattern is rarely confused with anything else with its unique hackle placement and sparse mallard flank over-wing — makes one wonder what inspired Mr. Biggs in coming up with such a design.

I became aware of this pattern about 12 years ago while fishing some private ponds in the Dillon area where it was the go-to pattern day in and day out for huge rainbows. The Sheep Creek is now a permanent member of my still water fly box and I fish it anytime damsels are present. However, it's worked well even when damsels weren't active so it's often my first choice as a dropper fly behind a streamer or larger nymph on a full-sink rig. I've even had occasional success on slow moving water so put a few in your regular nymph box while you're at it.

During damsel emergence it fishes well bounced along the bottom with a floating or sink-tip line using a deep-to-shallow retrieve, often most easily accomplished while wading close to shore. You've probably seen nice trout chasing damsels into very shallow water necessitating either a curved cast or standing well back from the shore line. If fish are taking damsels among weed fields try fishing it unweighted with a floating line concentrating on pockets and seams within the weeds.

About the only options I consider in tying the pattern is adding weight. For the most part having a range of un-weighted through heavily weighted patterns on a #10 hook should bring you success.

Good tying and good fishing!