Fly of the Month-July/August 2017

Brooks Sprout Emerger

We've presented several patterns in past issues that represent a multitude of Mayflies by altering size and color. The Brooks Sprout is yet another of these versatile patterns and has been in my box since the late 80's performing well tied as a PMD, Baetis, Mahogany, Rithrogena and others. It's easy to tie, easy to see and relatively robust.

It's traditionally tied on a curved shank hook such as a Tiemco 2487. I like that hook but lately I'm using a caddis larva/emerger hook, the Tiemco 206BL. It's a light wire ring eye barbless hook with a wide gape and is quite strong. Again, either hook will work fine, but the ring eye and wide gap of the 206 increases hooking capability.

Materials for a PMD Emerger (change color and size for other Mayflies)

Hook #14 or #16 Tiemco 206BL

Thread 8/0 Light Olive or Olive Dun Unithread

Shuck (tail) Zelon dyed Mayfly brown, or brown partridge fibers

Abdomen Goose biot dyed PMD olive/yellow

Post White 1/8" diameter foam (or yellow, orange)

Thorax Superfine PMD dubbing

Wing Medium dun or grizzly hackle

Tying Instructions:

- Mount hook and smoothly wrap shank with tying thread.
- Tie in Zelon trailing shuck, about ½ lenth of hook.
- Tie in biot and wrap to thorax area.
- Tie in about a 1/2 " length of the foam post with multiple wraps forcing it into a vertical position, then wrap several turns of thread around base of post to strengthen it and provide a base for the hackle. Leave it long for the moment.
- Tie in hackle at base of post but don't wrap it yet.
- Dub a smooth thorax around the base of the post.
- Wrap hackle parachute style, about 4-5 turns, then tie off and trim excess. Apply head cement to thread wraps and clear hook eye.
- Trim post short as shown in photo. Even with a short post it's quite visible.

That's it. To fish it apply floatant to the thorax and hackle area and, most importantly, present it drag free with a long tippet to sipping trout.

Good luck!



